

Tired of ads about New Year promises or magic potions ?

Learn how you can be healthier for life

Would you prefer to hear from a physician who is residency-trained and Board-Certified in Preventive Medicine or a corporation selling products or making miraculous claims?

Learn the real causes of the overweight and diabetes epidemics. Come to a free discussion at the

Topeka HyVee, Friday, Jan. 27 5:30-7PM

29th and Wannamker in the upstairs meeting room

Bring your friends, no reservation needed.

Irving A. Cohen, MD, MPH

Fellow of the American College of Preventive Medicine.

Author of The New Hippocratic Diet® series.

or contact us for information (785) 783-7779 or 888-933-9833

Preventive Medicine Associates 1919 SW 10th Ave. Topeka

Should you come?

- Do others make you feel being overweight is your fault?***
- Has your physician suggested you lose weight, but not taught you how?***
- Are you a diabetic who is on increasing medication or under poor control?***

We DO NOT sell food, or supplements or prescribe diet pills.